

# *New Beginnings*



## *Program at ASU*

The Clinical Psychology Center is now offering the New Beginnings Program, a program that helps parents help their children adjust to parental separation or divorce. The program consists of 10 individual meetings with a Center therapist. During the sessions, parents will learn skills to help them communicate better with their children, discipline more effectively, and protect children from interparental conflict. Research on the New Beginnings Program has shown lasting benefits for both parents and children. The cost of the program will be determined using a sliding fee scale based on income. Please contact the Clinical Psychology Center if you have any questions (480-965-7296).

1. Must be less than four years since divorce was final.
2. Have children (biological or adoptive) with ex-partner who are between the ages of three and 18.
3. During the next three months, plans to have at least three hours of face to face contact with at least one of these children every week or to have at least one overnight every two weeks with one of the children.
4. No plans to remarry within the next three months.
5. Not currently remarried.



The group will be held this spring semester, 2012.

The Clinic is open Monday-Thursday 8am to 8 pm and Fridays until noon.

Please call the Clinical Psychology Center at 480-965-7296 for more information.

[www.asu.edu/clas/psych/clinic](http://www.asu.edu/clas/psych/clinic)