

Parenting a Middle School Student?

Help us learn how technology can enhance the Bridges program to better prepare you and your child for future challenges and opportunities.

Limited spots available!

THE POWER OF THE PROGRAM

Bridges helps parents of middle school students manage the demands of middle school and prepare teens for a lifetime of success. Join us to learn skills to **reduce parent-teen conflict, improve family relationships, strengthen parenting skills, and minimize parent stress.**

HOW IT WORKS

- **When do we meet?**
 - Wednesdays, 5:30–7pm
 - Jan 22nd, Feb 4th, Feb 18th, & Mar 5th
- **Where do we meet?**
 - Psychology Building on ASU's Tempe Campus*
- Parents attend **4 meetings** led by ASU-trained leaders
- Parents learn and practice ways to motivate, guide, and support teens to succeed in school and in life
- Participate in optional surveys to improve the program and **earn up to \$60!**

*You will be compensated for parking

Providing
pizza &
child care

For more information email
engagingfamilieslab@gmail.com

If interested
scan QR code

