# MARISOL PEREZ

CURRICULUM VITAE

### **Business Address**

**Associate Professor** Department of Psychology

Arizona State University

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### **Education**

Internship	LSU Health Sciences Center	2003-2004
Ph.D.	Florida State University	2001-2004
M.S.	Florida State University	1999-2001
B.S.	University of Miami	1996-1999

# Academic Appointments

2004 - 2011	Assistant Professor, Department of Psychology, Texas A&M University
2004 - 2011	Assistant Professor, Department of Psychology, Texas Activity University

(Tenure Clock started 2006)

2012-2013 Associate Professor, Department of Psychology, Texas A&M University Associate Professor, Department of Psychology, Arizona State University 2013-present

#### **Research Interests**

My program of research encompasses both theoretical and applied studies in the area of eating psychopathology and obesity, often using a focus on Latino populations. I have 3 current objectives:

1.) The prevention of eating disorders and obesity.

Our research team has recently concluded a randomized controlled trial assessing the efficacy of a couples' based eating disorder prevention program and a naturalistic, dissemination based study on a dissonancebased eating disorder prevention program. We are now going to begin two dismantling studies to evaluate the hypothesized mechanisms of change. We are about to begin a replication study of the efficacy of a weight gain prevention program developed for the women in colonias along the Texas-Mexico border. In addition, we are in year 4 of a 10 year longitudinal assessing the changing health needs of families along the Texas-Mexico border.

The investigation of the intergenerational transmission of eating.

We have recently started a study couched within an emotion regulation based developmental model of emotional eating that assesses the interplay of genetic, socio-cultural and environmental factors that contribute to the intergenerational transmission of eating pathology. In addition, we are piloting a parentbased prevention program for emotion regulation and emotional eating.

3.) *Improving the assessment of eating disorders for minorities.* 

We are working on assessing the cultural sensitivity of the diagnostic criteria for eating disorders for ethnic minority individuals and creating a definition of recovery.

Perez, M., Kroon Van Diest, A., & Cutts, S. (2014). Preliminary examination of a mentor-based program for eating disorders. Journal of Eating Disorders. http://www.jeatdisord.com/content/2/1/24

Ambwani, S. †, Gleaves, D., & Perez M. (2014). Fearing Fatness: A Cross-National Comparison of Indian and European American University Students. *International Journal of Culture and Mental Health*. Doi: 10.1080/17542863.2014.892520.

Wehrly, S.E. †, Bonilla, C. †, Liew, J., & **Perez, M.** (2014). Controlling parental feeding practices and child body composition of ethnically and economically diverse preschool children. *Appetite*, 73, 163-171.doi: 10.1016/j.appet2013.11.009.

Kroon Van Diest, A.M.  $^{\dagger}$ , Tartakovsky, M.  $^{\dagger}$ , Stachon, C.  $^{\dagger}$ , Pettit, J. , **Perez, M**. (2013). The relationship between acculturative stress and eating disorders symptoms: Is it unique from general life stress? Journal of Behavioral Medicine. Advance online publication. DOI: 10.1007/s10865-013-9498-5.

Kroon Van Diest, A.M. †, & Perez, M. (2013). Exploring the integration of thin-ideal internalization and selfobjectification in the prevention of eating disorders. Body Image: An International Journal of Research, 10, 16-25.

Ramirez, A.L. †, **Perez, M.**, & Taylor, A. (2012). Preliminary examination of a couple-based eating disorder prevention program. Body Image: An International Journal of Research, 9, 324-333.

Blanton, H., Strauts, E., & Perez, M. (2012). Partisan identification as a predictor of cortisol response to election news. Political Communication, 29, 447-460.

Ramirez, A.L. <sup>†</sup>, **Perez, M.**, Muñoz, O.J., Garcia, P., Trevino, L., & Lara, P. (2011). Family-based health needs along the Texas-Mexico Border. Journal of Public Health, 33, 579-586.

Perez, M., & Warren, C.F. (2011). The relationship between quality of life, Binge Eating Disorder, and obesity status in an ethnically diverse sample. Obesity, 20, 879-885.

**Perez, M.**, Becker, C.B., Ramirez, A. † (2010). Transportability of an empirically supported dissonance-based prevention program for eating disorders. Body Image: An International Journal of Research, 7, 179-186.

Morrison, K.R. †, Doss, B., & Perez, M. (2009). Body image and disordered eating in romantic relationships. Journal of Social and Clinical Psychology, 28,281-306.

Joiner, T.E., Jr., Petty, S., Perez, M., Sachs-Ericsson, N., & Rudd, M.D. (2008). Depressive symptoms induce paranoid symptoms in narcissistic personalities (but not narcissistic symptoms in paranoid personalities). Psychiatry Research, 159, 237-244.

Berrios-Hernandez, M.N. <sup>†</sup>, Rodrigues-Ruiz, S., Cepeda-Benito, A., Gleaves, D. & **Perez, M.**, Maysonet, M. (2007). Cross-cultural assessment of eating disorders: Psychometric properties of a Spanish version of the Bulimia Test-Revised. European Eating Disorders Review, 15(6), 418-424.

- Hopwood, C. †, Clarke, A. †, & **Perez, M.** (2007). Pathoplasticity of bulimic features and interpersonal problems. *International Journal of Eating Disorders*, 40 (7), 652-658.
- Perez, M., Burns, A., Brown, J.S., Plant, A., Sachs-Ericcson, N., & Joiner, Jr., T.E. (2007). Associations of serotonin transporter genotypes to components of the tripartite model of depression and anxiety. *Personality* and Individual Differences, 43(1), 107-118.
- **Perez, M.**, Hernandez-Gomez, A., Clarke, A. † & Joiner, Jr., T.E. (2007) Analysis of bulimic symptomatology across age and geographic location. Eating Behaviors, 8(1), 134-142.
- Paukert, A.L. <sup>†</sup>, Pettit, J.W., **Perez, M.**, & Walker, R.L. (2006). Affective and attributional features of acculturative stress among ethnic minority college students. Journal of Psychology: Interdisciplinary and Applied, 140 (5), 405-419.
- Perez, M., Brown, J.S., Vrshek-Schallhorn, S., Johnson, F., & Joiner, Jr., T.E. (2006). Differentiation of obsessive-compulsive-, panic-, obsessive-compulsive personality-, and non-disordered individuals by variation in the promoter region of the serotonin transporter gene. *Journal of Anxiety Disorders*, 20(6), 794-806.
- Driscoll, K.A., Perez, M., Cukrowicz, K.C., Butler, M., & Joiner, Jr., T.E. (2006). The associations of phenylthiocarbamide (PTC) tasting to alcohol problems and family history of alcoholism differ by gender. Psychiatry Research, 143, 21-27.
- Joiner, Jr., T.E., Brown, J.S., **Perez, M.**, Sethuraman, G., & Sallee, F.R. (2005). The illusion of mental health: In the mind of which beholder? Journal of Personality Assessment, 85, 92-97.
- Joiner, Jr. T.E., Walker, R.L., Pettit, J.W., Perez, M., & Cuckrowicz, K. (2005). Evidence-based assessment of depression in adults. Psychological Assessment, 17, 267-277.
- Perez, M., Vohs, K.D., & Joiner, Jr., T.E. (2005). Discrepancies between self and other esteem as correlates of aggression. Journal of Social and Clinical Psychology, 24, 607-621.
- Minnix, J.A., Kline, J.P., Blackhart, G.C., Pettit, J.W., Perez, M., & Joiner, Jr., T.E. (2004). Relative left frontal activity is associated with increased depression in high reassurance-seekers. *Biological Psychology:* Special Frontal EEG Asymmetry, Emotion, and Psychopathology, 67, 145-155.
- Joiner, Jr., T.E., & Perez, M. (2004). Phenylthiocarbamide (PTC) tasting and family history of depression, revisited: Low rates of depression in families of supertasters. Psychiatry Research, 126, 83-87.
- Perez, M., Joiner, Jr. T.E., & Lewinsohn, P.M. (2004). Is major depressive disorder or dysthymia more strongly associated with eating disorders? International Journal of Eating Disorders, 36, 55-61.
- Bardone, A.M., Perez, M., Abramson, L. & Joiner, Jr., T.E. (2003). Self-competence and self-liking in the prediction of change in bulimic symptoms International Journal of Eating Disorders, 34, 361-369.
- Perez, M. & Joiner, Jr., T.E. (2003). Body image dissatisfaction and disordered eating in black and white females. *International Journal of Eating Disorders*, 33, 342-350.

- Joiner, Jr., T.E., **Perez, M.**, & Walker, R.L. (2002). Playing devil's advocate: Why not conclude that the relation of religiosity to mental health reduces to mundane mediators? *Psychological Inquiry*, 13, 214-216.
- Gordon, K.H., **Perez, M.**, Joiner, Jr., T.E. (2002). The impact of racial stereotypes on eating disorder recognition. *International Journal of Eating Disorders*, *32*, 219-224.
- Joiner, Jr., T.E., Schmidt, N.B., Schmidt, K.L., Laurent, J., Catanzaro, J.S., **Perez, M.**, & Pettit, J.W. (2002). Anxiety sensitivity as a specific and unique marker of anxious symptoms in youth psychiatric inpatients. *Journal of Child Abnormal Psychology*, *30*, 167-175.
- **Perez, M.**, Voelz, Z.R., Pettit, J.W., & Joiner, Jr., T.E. (2002). The role of acculturative stress and body dissatisfaction in predicting bulimic symptomatology across ethnic groups. *International Journal of Eating Disorders*, *31*, 442-454.
- Pettit, J.W., Lam, A.G., Voelz, Z.R., Walker, R.L., **Perez, M.**, Joiner, Jr., T.E., Lester, D., & He, Z.X. (2002). Perceived burdensomeness and lethality of suicide method among suicide completers in the People's Republic of China. *Omega: Journal of Death and Dying, 45*, 57-67.
- Voelz, Z.R., Gencoz, F., Gencoz, T., Pettit, J.W., **Perez, M.**, & Joiner, Jr., T.E. (2002). Patterns of hemispheric perceptual asymmetries: Left hemispatial biases predict changes in anxiety and positive affect in undergraduate women. *Emotion*, *1*, 339-347.
- Joiner, Jr., T.E. Pettit, J.W., **Perez, M.**, Burns, A.B., Gencoz, T., Gencoz, F., & Rudd, M.D. (2001). Can positive emotion influence problem-solving attitudes among suicidal adults? *Professional Psychology: Research & Practice*, 32, 507-512.
- **Perez, M.**, Pettit, J.W., David, C.F., Kistner, J.A., & Joiner, Jr., T.E. (2001). Interpersonal consequences of inflated self-esteem in an inpatient psychiatric youth sample. *Journal of Consulting and Clinical Psychology*, 69, 712-716.
- Joiner, Jr., T.E., **Perez, M.**, Wagner, K.D., Berenson, A., & Marquina, G.S. (2000). On fatalism, pessimism, and depressive symptoms among Mexican-American and other adolescents attending an obstetrics-gynecology clinic. *Behaviour Research and Therapy*, *39*, 887-896.

# **Book Chapters** († indicates student coauthor)

- **Perez, M.** & Placensia, M. (to appear in print 2015). Psychological perspectives on ethnic minority eating behavior, and obesity. In T. Cooper & M. Skewes (Eds.) *Social Issues in living color: Challenges and solutions from the perspective of ethnic minority psychology*. New York: Praeger Books.
- Kroon van Diest, A.M. <sup>†</sup> & **Perez, M.** (2011). Prevention of eating disorders: A review. In I. Jáuregui Lobera's *Eating Disorders*. ISBN: 978-953-307-727-7. To appear in print November 24, 2011.
- **Perez, M.** & Warren, C.S. (2012). Assessing eating pathology among Hispanic Americans. In L. Benuto's *Guide to Psychological Assessment with Hispanic Clients*. New York: Springer Publishers.
- Wingate, L.R., Burns, A., Gordon, K., **Perez**, **M**., Walker, R., Williams, F. & Joiner, T. (2006). Is positive psychology relevant to the understanding and treatment of suicidal behavior? In T.E. Ellis (Ed.) *Cognition and Suicide: Theory, Research, and Practice*. Washington, D.C.: American Psychological Association.

- Reeves, M. & Perez, M. (2004) Passive-aggressive personality disorder. In K. Driscoll, K.C. Cukrowicz, M. Lyons-Reardon, & T.E. Joiner (Eds.) Simple treatment for complex problems: A flexible cognitive behavior analysis system approach to psychotherapy. Mahwah, N.J.: Lawrence Erlbaum Associates.
- Joiner, Jr., T.E., **Perez, M.**, & Pettit, J.W. (2002). Depression in older adults. In M.C. Antoine (Ed.) The MacMillan encyclopedia of aging. New York: MacMillan Reference USA.
- **Perez, M.**, & Joiner, Jr., T.E. (2001). Perfectionism, self-esteem, and self-perception of weight combine to predict bulimic symptoms. In T. Scrimali & L. Grimaldi (Eds.) Cognitive psychotherapy toward a new millenium. New York: Kluwer Academic/ Plenum Publishers.

#### **Oral Presentations**

Perez, M. (2013, May). "How Researchers and Clinicians Can Develop Mutually Productive Partnerships: Lessons from Two Successful Teams." Invited workshop at the International Conference for Eating Disorders. Montreal Canada.

Kroon Van Diest, A.W., & Perez, M. (2013, May). "Weightism in Young Girls: A Twist of the Kenneth and Mamie Clark Study." Paper presented at the annual International Conference on Eating Disorders, Montreal, Canada.

- Ungredda, T. & Perez, M. (2013, May). "Eating Disorders Inventory: Measurement Equivalence across Ethnic Groups in the United States." Paper presented at the annual International Conference on Eating Disorders, Montreal, Canada.
- Perez, M. (2012, May). "A biological perspective on the link between stress and eating disorders." Plenary Session I at International Conference for Eating Disorders. Austin, Texas.
  - **Perez, M.** (2011, November). "A weight gain prevention program along the Texas-Mexico Border: Thinking beyond health outcomes." Invited presentation at Obesity & Eating Disorders Special Interest Group, Association of Behavior & Cognitive Therapies. Toronto, Canada.
- Perez, M. (2011, November). "Gender Differences in Latent Severity and Probability of Endorsement of the Eating Disorder Diagnostic Criteria." Symposium at Association of Behavior & Cognitive Therapies. Toronto, Canada.
- **Perez, M.** (2011, November). "Understanding Eating Pathology Utilizing Experimental Methodologies." Discussant at Association of Behavior & Cognitive Therapies. Toronto, Canada.
- Perez, M. & Cutts, S. (2011, May). "Efficacy of a Mentor-Based Program for Eating Disorders. International Conference for Eating Disorders sponsored by the Academy of Eating Disorders. Miami, Florida.
- 5. **Perez, M.** (2010, October). "Obesity: An Equal Opportunity Disorder." Invited speaker at the TAMU Hispanic Network Summit.
- Perez, M. (2010, September). "How well does the DSM-IV Eating Disorder Diagnostic Criteria Capture the Illness Presentation of Men and Minorities?" Invited speaker at North Dakota State University, Psychology Department.
- Perez, M. (2010, June). "Cultural Sensitivity of the DSM-IV Eating Disorder Diagnostic Criteria." International Conference for Eating Disorders sponsored by Academy of Eating Disorders. Salzburg, Austria.

- Perez, M. (2010, May). "Transportability and dissemination of an Dissonance-Based Eating Disorder Prevention Program." Society for Prevention Research. Denver, Colorado.
- **Perez, M.** (2008, September). "Why not focusing on weight loss produces weight loss A randomized clinical trial of obesity prevention." Invited speaker at the Obesity Outreach Seminar. University of Texas Southwestern.
- 10. **Perez, M.** (2006, June). "Is Dysthymia or Depression a better predictor of Bulimia Nervosa among adolescents?" International Conference on Eating Disorders, sponsored by Academy of Eating Disorders. Barcelona, Spain.
- 11. Perez, M. (2005, April). "Serotonin-Transporter Gene, Psychopathology, and Affect." Invited speaker at the Colloquia Series for Cognitive Psychology at Texas A&M University.
- 12. **Perez, M.** (2001, February). "Perfectionism, Body Dissatisfaction and Self-Esteem: An Interactive Model of Bulimic Symptom Development" 2nd annual convention of the Society for Personality and Social Psychology (SPSP), San Antonio, Texas.

#### **Poster Presentations** ( † indicates student coauthor)

- Kroon Van Diest, A.M. † & Perez, M. (2011). Where does thin-ideal internalization fit into selfobjectification theory? Presented at the Association of Behavior and Cognitive Therapies, Toronto,
- Ramirez, A. † & **Perez, M.** (2010). Efficacy of a couples-based prevention program for eating disorders for minority couples. Presented at the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Ramirez, A. † & Perez, M. (2010). Does dominance/submissiveness moderate outcome in couplels-based prevention program. Presented at the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- 4. **Perez, M.**, & Balsis, S. The diagnostic sensitivity of the DSM-IV diagnostic criteria for minorities. Presented at the Eating Disorder Research Society, Cambridge, MA.
- Matthew, A., Garza, M.J., Perez, M., Pettit, J.W. (2009). Predictors of depression and disordered eating in Hispanic female university students. Presented at the Association for Behavioral and Cognitive Therapies, New York City, NY.
- Ramirez, A. † & Perez, M. (2009). Couples eating disorder prevention program. Presented at the Association for Behavioral and Cognitive Therapies, New York City, NY.
- Ramirez, A. † & Perez, M. (2009). Correspondence of eating pathology and thin-ideal internalization among couples on relationship satisfaction. Presented at the Association for Behavioral and Cognitive Therapies, New York City, NY.
- Perez, M. & Liew, J. (2008). A potential developmental pathway of emotion regulation and maladaptive eating. Presented at the Association for Behavioral & Cognitive Therapies, Orlando, FL.
- Ramirez-Cash, A. † & Perez, M. (2008). "The Mirror Exercise": An important homework assignment for eating disorder prevention. Presented at the Association for Behavioral & Cognitive Therapies, Orlando, FL.
- 10. Lee, J. \* & Perez, M. (2008). Gender differences in attentional bias and stress reactivity contribute to gender differences in depression. Presented at the Association for Behavioral & Cognitive Therapies, Orlando, FL.
- 11. **Perez, M.,** Becker, C., O'Reilly, J., † Brown, C., † Stento, J., † Lukanich, A. † (2007). Effectiveness of cognitive dissonance eating disorder prevention program: An open national trial under naturalistic conditions. Presented at the Eating Disorder Research Society Conference, Pittsburgh, PA.
- 12. Lee, J.A., \*\* & Perez, M. (2007, May). Gender differentiation in attentional bias to food-related words. Poster presented at the annual Academy for Eating Disorders Conference, Baltimore, MD.

- 13. Clarke, A., † & Perez, M. (2006, June) Preliminary findings on the Internalization of Sexual Objectification and it's Consequences on Body Image and Social Interaction. Poster to be presented at the annual Academy of Eating Disorders International Conference. Barcelona, Spain.
- 14. Tartakovsky, M., \*\* & Perez, M. (2006, June). Preliminary findings on the relation between religiosity and disordered eating among Jewish women. Poster presented at International Conference for Eating Disorders sponsored by Academy of Eating Disorders. Barcelona, Spain.
- 15. Hopwood, C.J., † Clarke, A., † & Perez M. (2006, May) Interpersonal Problems and Eating Disorder Constructs. Poster presented at the annual Society for Interpersonal Theory and Research (SITAR), Philadelphia, PA.
- 16. **Perez, M.**, Tartakovsky, M., † & Clarke, A. † (2005, November). Bulimia and the five factor model of personality. Poster presented at the 39<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, DC.
- 17. Paukert, A. L., Pettit, J.W., Perez, M., & Walker, R.L. (2005, November). Affective and attributional features of acculturative stress among ethnic minority college students. Poster presented at the 39<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, DC.
- 18. Tartakovsky, M., † Clarke, A., † & Perez, M. (April, 2005). The role of acculturative stress in disordered eating: Is it really a unique construct? Poster presentation at the International Conference for Eating Disorders sponsored by Academy of Eating Disorders. Montreal, Canada.
- 19. Brown, J.S., Joiner, Jr., T.E., Johnson, F., Soderstrom, K., Perez, M., & Wingate, L.W. (2002, November). Association between serotonin transporter gene polymorphism and family history of depression. Poster presented at the 36<sup>th</sup> annual convention of the Association for Advancement of Behavior Therapy, Reno,
- 20. Brown, J.S., Perez, M., Wingate, L.W., Pettit, J.W., & Joiner, Jr., T.E. (2002, November). The illusion of mental health: In the mind of which beholder? Poster presented at the 36<sup>th</sup> annual convention of the Association for Advancement of Behavior Therapy, Reno, Nevada.
- 21. Perez, M., Brown, J.S., Wingate, L.R., Pettit, J.W., & Joiner, Jr., T.E. (2002, November). Body image dissatisfaction and disordered eating in black and white women. Poster presented at the 36<sup>th</sup> annual convention of the Association for Advancement of Behavior Therapy, Reno, Nevada.
- 22. Wingate, L.R., Joiner, Jr., T.E., Brown, J.S., Perez, M., Pettit, J.W., & Rudd, M.D. (2002, November). Problem-solving treatment for suicidal behavior: Effective for alcohol abuse. Poster presented at the 36<sup>th</sup> annual convention of the Association for Advancement of Behavior Therapy, Reno, Nevada.
- 23. Voelz, Z.R., Pettit, J.W., Perez, M., Walker, R.L., Gencoz, F., Gencoz, T., & Joiner, Jr., T.E. (2000, November). Patterns of hemispheric perceptual assymetries: Left hemispatial biases predict changes in anxiety and positive affect in undergraduate women. Poster presented at the 34th annual convention of the Association for Advancement of Behavior Therapy, New Orleans, Louisiana.
- 24. Walker, R.L., Perez, M., Pettit, J.W., Voelz, Z.R., & Joiner, Jr., T.E. (2000, November). The course of post-crisis suicidal symptoms: How and for whom is suicide "cathartic"? Poster presented at the 34th annual convention of the Association for Advancement of Behavior Therapy, New Orleans, Louisiana.

# **External Grants**

- 1. Perez, M., Becker, C.B., Millsap, R., Schaefer D. (PI; submitted Spring 2014). Large scale dissemination of an empirically supported program for college women. NIMH. R01.
- 2. Smith, J.D., Perez, M., Dishion, T. (co-PI; Summer 2014). Embedding a family-centered intervention in medical care for pediatric obesity. NICHD. R01.
- 3. Perez, M., Becker, C.B., Grimm, K., Schaefer, D. (PI; Submitted Fall 2014). From Bedside to Community: A Scalability Trial for College Women. NIMH. R01.

- **Perez, M.**, Kroon Van Diest, A.† (PI; 2012-2013). Assessing Body Image Conversations between mothers and daughters. Hogg Foundation. \$17,500 direct costs.
- Perez, M., Liew, J. (PI; 2010-2012). Impact of effortful control and negative affectivity on childhood obesity. R03 to NICHD. Accepted. \$147,000 direct and indirect costs.
- Perez, M. & Heffer, R. (2012). Marrying clinical practice & research at training clinics: Real-Time feedback on client psychotherapy outcomes. APS Society for a Science of Clinical Psychology Clinical Training Initiatives. \$1500.

#### **Contracts**

- 1. **Perez, M., &** Munoz, O. (2006 2016). 10-year longitudinal study of the health needs of families living along the Texas-Mexico border. (Center for Housing & Urban Development paying for all costs related to survey administration and transportation; estimated cost per year \$15,000).
- **Perez, M.** (2005-2009). 4 year effectiveness study of a cognitive dissonance eating disorder prevention program for Delta, Delta, Delta Sorority at Texas A&M University. (TriDelta National Executive office paying for all costs related to the implementation of the program and administration; estimated cost per year \$3000).

# **Internal Grants**

- Perez, M., Vaid, J., Alexander, G., Bergman, M., Arthur, Jr., W., & Payne, S. (May, 2005). International/Diversity Curriculum Grant, College of Liberal Arts, Texas A&M University. (Total Award: \$10,000; \$1000 awarded to each PI).
- **Perez, M.** (May, 2005). Obesity: An equal opportunity disorder. The Mexican American- U.S. Latino Research Center. Texas A&M University. (\$5,000)
- Perez, M. (Co-PI March 2006). Preschoolers' Stress and Self-regulatory Behaviors in Classrooms: 3. Relations Between Cortisol Levels, Classroom Events, and Child Behavior. Children, Youth, and Families Center, Texas A&M University. (\$15,000).
- Cisneros-Zevallo, L. & Perez, M. (May 2006). Purple-corn as a preventative intervention for obesity and 4. diabetes among Latinas. The Mexican American- U.S. Latino Research Center. Texas A&M University. Accepted. (\$15,000).
- Perez, M., Bergman, M., Carrasco, Z., Carter-Sowell, A. (Spring 2012). Improving Climate through Professional Development. IIDEA Grants, College of Liberal Arts, Texas A&M University. \$4800
- Bergman, M., Carrasco, Z., Carter-Sowell, A., Perez, M. (Spring 2012). Speed Mentoring for Junior Faculty. IIDEA Grants, College of Liberal Arts, Texas A&M University. \$4800
- 7. Perez, M. (Spring 2014). The Body Project. ASU Women & Philanthropy, ASU Foundation Grants.

# **Honors and Awards**

- 2013 Recipient of the NIH Loan Repayment Scholarship awarded for 2 years starting Fall 2013.
- Advance Scholars Program funded by National Science Foundation at Texas A&M University 2011
- 2010 Nominated for the Teaching Excellence Award, Texas A&M University (Program Discontinued by University).
- Recipient of the Diversity Service Faculty Award, Department of Multicultural Services, Texas A&M 2010
- 2009 Recipient of the Teaching Excellence Award, Texas A&M University System.

- Recipient of the Faculty Research Enhancement Program awarded by Texas A&M University, College 2009 of Liberal Arts.
- Recipient of the NIH OBSSR 10<sup>th</sup> Anniversary Conference Scholarship in June 2006. 2006
- Recipient of the NIH Loan Repayment Scholarship awarded for 2 years starting in August 2005. 2005
- 2002 Recipient of the Grosslight Teaching Award, Florida State University, Psychology Department.
- 2001 Nomination for American Psychological Foundation Graduate Research Scholarship (one graduate student nominated from each department per year).
- 2000 Honorable mention for American Psychology Association for Minority Fellowship Program.

# **News Articles/Reports Based on Research**

- Davies, N. (September 9, 2015). Mentorship for Eating Disorders Recovery. *Health Psychology Consultancy*. https://healthpsychologyconsultancy.wordpress.com/2015/09/09/mentorship-for-eating-disorderrecovery/
- Greene, S. (September 16, 2015). In a world full of objectification, the Body Project aims to promote body acceptance. The State Press. http://www.statepress.com/article/2015/09/asu-objectification-womenimage-society-body-project
- Greguska, E. (September 4, 2015). Body Project empowers young women to accept themselves. ASU News. https://asunews.asu.edu/20150904-body-project
- Garcia, K. (April 9, 2014). Body Project spreads acceptance at ASU. The State Press. http://www.statepress.com/article/2014/04/body-project-spreads-acceptance-at-asu
- Ramos, B. (November, 2014). An effort to body acceptance: The body project. *The State Press*. http://www.statepress.com/article/2014/04/an-effort-to-body-acceptance-the-body-project
- (April 15, 2013) Conservatives' stress levels increased as they watched Obama take office. Strauss Institute. http://blogs.utexas.edu/straussinstitute/2013/04/15/conservatives-stress-levels-increased-as-they-watchedobama-take-office/
- (August 2010) Pair seeks to identify key factors in childhood obesity, Interventions. The Chronicle of Higher Education. http://chronicle.com/campusViewpoint/Article/Pair-Seeks-to-Identify-Key/316/.
- Tonelli, R. (July 31, 2010). Obesidade infantil pode estar relacionada ao descontrole emocional (Childhood obesity could be related to emotional dysregulation). *Informe Salud* (Brazilian health newspaper).
- Brodey, D. (2005, September 20) Blacks join the eating-disorder mainstream. The New York Times. (www.nytimes.com).
- Garcia, R. (2004, December 8) Bulimic teens also likely to suffer from depression. *Medical News Today* (www.medicalnewstoday.com).

#### **Graduate Students**

Master's Thesis Committees I have chaired:

Margarita Tartakovsky Analesa Clarke Jillian Lee Ana Ramirez Ashley Kroon Van Diest Tatiana Ungredda Amanda Bruening (ASU) Tara Ohrt (ASU)

#### Master's Thesis Committees I have served:

Shannon Jewell (ASU) Suman Ambwani Kristen Rahbar Jeanine Tamez Audrea Youngman (College of Education)

#### Dissertation Committees I have chaired:

Analesa Clarke (Graduate 2011) Licensed psychologist in private practice Ana Ramirez (Graduate 2012) Post-doc at Cambridge Eating Disorder Center Ashley Kroon Van Diest (Graduate 2015) Post-doc Cincinnati Children's Hospital Medical Center

#### Dissertation Committees I have served:

Zorash Montalvo (ASU) Cortney Warren Kristen Rahbar Michael Friedman Angela Heads (College of Education) Jeanine Tamez Andrea Youngman (College of Education)